

Rules and Guidelines for KLCH Halstead Old Settlers Gaga Ball tournament

Gaga is a fast paced, high-energy sport played in an octagonal pit. The more players the better! Dubbed a kinder gentler version of dodge ball, the game is played with a soft foam ball or a volleyball, and combines the skills of dodging, striking, running, and jumping, while trying to hit opponents with a ball below the knees. Players need to keep moving to avoid getting hit by the ball.

Rules of Gaga Ball

It's super simple. If the ball touches you below the knee, you're out. The last one in the pit wins. The official game rules for KLCH Gaga Ball tournament:

- All players start with one hand touching a wall of the pit.
- The game begins with a referee/player throwing the ball into the center of the pit.
- When the ball enters the pit, the players scream 'GA' for the first two bounces, and 'BALL' on the third bounce, after which the ball is in action.
- Once the ball is in play, any player can hit the ball with an open or closed hand.
- If a ball touches a player below the knee (even if the player hits himself or herself) he or she is out and leaves the pit. If a player is hit above the knees, the play continues.
- A player cannot hit the ball more than once unless it hits another person or the wall in between their hit.
- If a ball is caught on a fly, the player who hit the ball is out.
- The player cannot permanently sit on the ledge of the octagon.
- Players cannot hold the ball.
- If a ball is hit over the wall of the pit, that individual is out. The ball is thrown in the pit again and players scream "Ga" on the first two bounces and "ball" on the third to restart the game.
- The last player standing is the winner of that round. Last one standing in that round gets 3 points, second standing gets 2 points, and 3rd place in that round gets 1 point.
- The tournament will be set up in pool play and top teams will move onto bracket play. Any ties from points in bracket play will be broken by those two teams playing a gaga game. The team with the last player standing moves onto bracket play.
- A team will be disqualified if vulgar language is used to themselves and/or other participants.